

WEEKLY ROPING PRACTICE CHALLENGE

The Team Roping
Journal's weekly
dummy roping practice
challenge.

This week's
challenge is
brought to you by
Tyler Wade



We will go over
this challenge
starting Monday,
March 23 and
finishing on
Sunday, March 29.

Stay tuned for new weekly
challenges that will be
available to you every
Monday,

Monday:

Tack Day:

Get your hole punch out. Check all your tack and make sure every piece of tack is good quality and adjusted to fit your horse just right.
(Pay attention to every detail.)

Tuesday:

Muscle Memory Day:

Rope the dummy as slow and correct as possible, building your muscle memory to do it correct without skipping any steps.

Wednesday:

While roping remember the way you end the day is how the next day is going to start. Always end on a score steer and take your tack/boots off in the box. It's rewarding for the horse and let's him know the box is a comfortable place to be

Thursday:

Slow Steers:

Just rope the slowest steers you have and don't put any pressure on your horse. This could help ease his mind heading into the weekend and competition runs.

Friday:

Now that your horse is probably doing better, try to work on yourself. Get out of the practice what you can—whether it's to throw the best loops you can possibly throw or making sure you catch them all. Always go rope with some sort of goal even if you're roping just for fun. Set a small, achievable goal.

Saturday:

Hopefully you'll find a jackpot to go to and see if your hard work is paying off!

Sunday:

Get your butt to church, then go run a few!